CLAIMS

1. A file, particularly a nail file, **characterized by the fact that** the body (1) of the file is made of glass and is roughened on at least part of its surface (2), with a roughness varying from 10 to 100 µm.

2. A file according to claim 1, **characterized by the fact that** the body (1) of the file has an oblong board shape and at least at one of its ends a point (5).

3. A file according to claims 1 or 2, **characterized by the fact that** the body (1) of the file is roughened at least along the whole of one side, while the point (5) at the end is V-shaped.

4. A file according to claims 1 or 2, **characterized by the fact that** the body (1) of the file is roughened at least along the whole of one side and is bevelled to a sharp finish on at least one edge (3).

5. A file according to claim 4, **characterized by the fact that** both edges (3) and at least one end of the body (1) of the file are bevelled, while the bevelled edge at the end is at an oblique angle to the side edge, so that together they form a point.

6. A file according to claim 4, **characterized by the fact that** the surface of at least one of the edges (3) and of one end of the body (1) of the file is also roughened.

7. A file according to claim 4, **characterized by the fact that** the edges (3) are rounded.

8. A file according to any of the above claims 1 to 7, **characterized by the fact that** the body (1) of the file is made of flat glass.

9. A file according to any of the above claims 1 to 7, **characterized by the fact that** the body (1) of the file is made of pressed glass.

10. A file according to any of the above claims 1 to 9, **characterized by the fact that** the body (1) of the file is made from hardened glass.